CHANEL COLLEGE

To act justly, to love tenderly and walk humbly with your God

From the Principal

CHANEL COLL GLADSTON

May 13 is the Feast of Our Lady of Fatima. In May of 1917, as World War I was raging, Pope Benedict XV called for a novena (nine days of prayer) in honour of Our Lady, the Queen of Peace. On May 13, the eighth day of the novena, the Blessed Mother appeared to three children Lucia, Francisco and Jacinta in Fatima, Portugal – the first of six appearances. Her message was one of penance and prayer, and hope for sinners.

Traditionally during the month of May we honour Mary and remember the part that Mary played in the life of Jesus, and her tremendous act of faith in saying "Yes" to becoming the Mother of Jesus. Mary is a woman, wife and mother; a person that we can all relate to. She continues to give us hope in a world that sometimes seems so uncertain and confusing.

Chanel Day

Chanel Day will be celebrated on Wednesday 20 May beginning with Mass in the Marian Centre at 9.00 am. I would like to extend a warm invitation to all members of our community to join us for this special event in the life of the College.

Ms Ryan and the team of Year 12 students have been working very hard to put together the program of activities for the remainder of the day. We look forward to hosting the Year 6 students of Star of the Sea, St John's and St Francis.

Year 7 2016 Enrolment Applications

A reminder that Year 7 2016 Enrolment Applications close next Friday 22 May. Application packages are available from the College Office.

Phone: 07 4973 4700

Fax:07 4973 4799 E-mail: the.secretary@chanelcollege.gld.edu.au website:www.chanelcollege.gld.edu.au



14 May 2015 **TERM 2 WEEK 4 ISSUE 48**



Congratulations to Kane Langdon, 2014 College Captain, who recently received a "Highly Commended" in the TJ Ryan Memorial Medal Awards. This is a prestigious award that acknowledges students who demonstrate outstanding leadership qualities within their school and the broader community as well as academic excellence through their achievements in Year 12. Kane is currently studying

medicine at James Cook University in Townsville. Kane is pictured receiving his award at a ceremony in Brisbane. Congratulations, Kane.

> God bless S. M. Now Sharon Volp

Student Absentee Hotline: 4973 4791



Good News

Kath Hore - Mission & RE Support Officer

Year 11 ACTS Camp

Year 11 ACTS Camp 2015 was all about learning to be leaders and using our gifts and talents to serve others well in those roles. Eight students from Chanel, including myself, had the privilege of attending this camp. We learnt how to collaborate ideas with others to make a shared dream become a reality, we learnt how to find what we were really passionate about and what we truly wanted to do in life, as well as promoting these passions on a deep level in group discussions. One of the most important things I believe everyone connected with was how to move past and let go of what threatens to hold us back, not just material issues like people or money or support but our own emotional and mental anxieties. We learnt that a leader was not necessarily the one who has the idea but the one who comes along and supports it and brings those passionate about it together. We looked at how we were going to make a start on our futures and how we were going to inspire others to do the same with their futures as well as helping those with less fortunate circumstances as ourselves. It is a really worthwhile experience if anyone is interested in attending the Year 10 or 11 ACTS Camps. You meet amazing people, do some awesome activities and gain an understanding of what it is, to be you in today's world and how to be your truest self. The food is great too! - Lilanthi Wild Yr 11

Year 10 Retreat

The feedback and comments from our Year 10 students who attended Retreat last week were very positive and indicate that their time at Retreat was both enjoyable and rewarding. Some of their comments included – "This retreat was helpful as it made me think about the choices I have made and I was learning while having fun." "The retreat made me realise that I need to involve myself in activities and with people." "At the Retreat we were given the opportunity to reflect on our relationship with God, family and friends, it also made people closer." "The session that helped me the most was

Please Pray for ...

- People in our community who are unwell or recovering from illness.
- Victims of the recent earthquake in Nepal and the people involved in the rescue effort.
- Workers in the Australian food industry who are being exploited.
- Peace, respect and unity in our families

Praise and Thanks for...

- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The positive participation and response of the Year 10 students while they were on Retreat.
- Chanel staff who give generously of their time to support students involved in extra-curricular activities.

If you have any requests for either of the above prayers, please leave your request at the Office.

reconciliation. I felt I had the opportunity to put what we had been learning in other sessions into action by saying sorry or thank you." "I absolutely loved this retreat and the only way it could have been better was if it went for longer."

Thank you to the many parents who volunteered to help with meals at Tanyalla, your assistance was greatly appreciated by the students, Chanel staff and Jenny Wilson.

Chanel Day Mass

We extend to everyone a special invitation to come and celebrate with staff and students, our Chanel Day Mass, on **WEDNESDAY 20 May** commencing at 9:00 am in the Marian Centre.

SOS Mass and Youth Group

The next Chanel SOS Mass will be held **Sunday 31 May** commencing at 6.00 pm. You are invited to come and share in worship with your children. There will be a Youth Group Gathering in the Parish Hall following the Mass, led by our Year 12 students. This group is an informal gathering to allow students to share time, ideas, and have fun together. Students from all Year levels are welcome and they can bring friends or even round up some neighbours if they like. *Just be there*!

Second Hand Uniform Outlet

We have in stock many junior uniforms, especially boy's shirts and shorts in bigger sizes, all in good condition for \$10 per item.

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during the first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

15 May – International Day of Families –

2015 Theme "Men in Charge? Gender Equality and Children's Rights in Contemporary Families. International Day of Families was proclaimed by the United Nations General Assembly resolution in 1993 and reflects the importance the international community attaches to families. The International Day provides an opportunity to promote awareness of issues relating to families and increase the knowledge of the social, economic and demographic processes affecting families. The Day is an opportunity for all countries to demonstrate support to families and to promote a better understanding of the functions, problems, strengths and needs of families.

Thursday Mass

NO MASS – Thursday 21 May (Chanel Day Mass 20 May) Mrs Goodwin's Year 10 SOR Class – Thursday 28 May Mass is celebrated in the College Chapel at 10.40 am each Thursday. *ALL WELCOME*

Wisdom Words

"The bond that links your true family is not one of blood, but of respect and joy in each other's life." *Richard Bach*

Read more at

http://www.brainyquote.com/quotes/topics/topic_family.html#EB7IcottLtjSjVRk.99

Counseling Services Philomena Burke P: 4973 4706 (Monday – Thursday) E: Philomena_Burke@rok.catholic.edu.au

Relationship Building with Our Children

It is often difficult to have time for meaningful conversations with our children. In the morning we are all rushing to get to school or work and our conversations often centre round encouraging and at times nagging comments to get everyone out the door. In the evenings when we are likely to be tired and more prone to impatience- there are meals, homework and extracurricular activities where functional conversations about helping out, doing homework etc predominate. This type of communication can leave both us and our children feeling drained emotionally. Getting to know our children takes time and planning.

Setting limits:

As adults we need to ensure that life is organised and we have the right to make decisions about ageappropriate behaviours and to set limits and clear consequences. When our sons and daughters make mistakes follow through as calmly as possible with logical consequences and then forgive them and move on. Be succinct – they tune out when we go on and on! Always give them a definite means to regain your trust and earn back the privileges you have withdrawn. For example: "If you remember to empty the dishwasher every night for a week without me having to remind you we can talk about you getting your iPad back because you are showing me that you are becoming more responsible and I can trust you.

Recognising positive actions:

Try to recognise and praise positive behaviour daily. We find what we are looking for and if we only expect defiant behaviour we will often fail to notice the brief moments when we are laughing together or being thoughtful to each other. Be specific in your praise – rather than "Good girl/boy" try saying "I really appreciate that you remembered to feed the dog, put your uniform in the laundry basket..." This is not the time to then ask the child to do something else. Let them wallow in the recognition first!

Helping them think:

Most importantly **listen.** Our children don't always need us to jump in with a solution. We need to help them begin to solve their own problems. Ask open-ended questions beginning with "What or "How" rather than "Why?" ("What can you do about that?"; "How did you feel then?) These types of questions send them the



message that while we are there to advocate for them we also trust that they are developing the skills to solve some of their own problems.

Try to remember that as our teenagers grow and mature we will be able to enjoy an adult relationship with them so now is the time to build that foundation with positive communication and trust while still being the parent.



If you a	Being Earnest Being Earnest Contractions Being Earnest Contractions Being Earnest Contractions Contrections Contractions C	In W seeking yo	our supp ould lov	e the fo	or Play " In the foll	The Impowing.		e of Being	Earnest	The Gladstone Enrichment through Music (GEM) Initiative is an innovative partnership between Australia Pacific LNG and the Queensland Symphony Orchestra delivering quality music education and concert experiences to the students and community of Gladstone.		are
Ladies:	Blouses with no coll Shawls Hats (wide brimmed maids caps White aprons Full or a floor line le Gloves Hand fans	d) and fea	athers fl				Me	S S C C B S	vercoat Travats & lack glo	ts & pocket ha oves uxedo shirt	jackets/ tails Indkerchiefs s/ Chinese coll	ar/

Sport news Kylie Kickbusch Sports Program Leader

Port Curtis Representatives

Last week the trials for the 15 Years Boys and Girls Basketball and Soccer were held. Students attended the trials and competed in the heat to gain selection in their respective sport to make the Port Curtis team to go away to the Capricornia trials. Congratulations to the Chanel boys below who were selected in the 15 Boys Basketball and 15 Boys Football (Soccer) teams:

15 Boys Basketball

Mitchell Knight Declan Kenny **15 Boys Football** Mikele Vaiente Dawson Frost Dylan Walz

12 Years Port Curtis Representatives

Congratulations to **Tom Cullen** (12 Years Boys Football) and **Bella King** (12 Years Cross Country) on their selections in 12 Year Port Curtis teams. Tom attended the Football trials, of which around 80 boys were present, last week in Biloela and played outstanding

football which saw him selected in the team. Bella represented Chanel at the Primary school cross country trials in Ubobo and placed 5th overall to gain her place in the Port Curtis team. Both students will travel with their team to the Capricornia trials in the coming weeks.

Interschool Netball and Rugby League

Week 2 of the interschool competitions for Netball and Rugby League. Chanel teams played fantastically well in

CHANEL COLLEGE U 13'S 9 A SIDE RUGBY LEAGUE

The Chanel U 13's 9 a side rugby league team kicked off their tournament with a close loss to Tannum 12 - 4. With a number of rugby league debutants, the boys showed great courage to take the game to Tannum boys. A try to Dom Galjaardt who pushed away 3 or 4 defenders from 20 m out and then make his way across the tryline to score a try on debut was the highlight for the match. Eventually the larger numbers in the Tannum squad saw them score a late try to take the game away from the challenging Chanel boys.

The 2^{nd} match saw Chanel take on a larger sized team in the shape of Toolooa 2. Strong tackling limited the impact of the Toolooa big boys up front while some attack wide of the ruck allowed the Chanel boys to get the 1^{st} try. After trading try for try, at the brink of halftime saw an 80 m breakaway try by Dom Galjaardt where he crashed through 4 defenders and led a trail of chasers all the way to the tryline breaking the Toolooa boys hearts and giving Chanel a 12 - 8 lead. The 2^{nd} half continued like the 1^{st} with strong tackling and wide running saw the Chanel boys score 3 more tries and win 24-16.

Great effort was put in by all boys, with Harry Drier and Blake Vincent putting in some big defensive efforts while Dom Galjaardt picked up 5 tries. Special mention must go to Nathan Tumbers who whilst injured put in a great effort to act as water boy for both games. week one and notched up many wins. Good luck for week 2 of the competitions and a big Thank you to the coaches and parents who are there each week to support and assist our teams.

CHANEL OPEN BOYS 9 A SIDE INTERSCHOOL RUGBY LEAGUE

The Chanel Open Boys side played their first round of games in the Interschool Competition. The first game was against Tannum High and a few unforced errors early had us on the back foot. In the short time frame of 9 minute halves, this can be costly. However, the boys fought back to put some good plays together to put some scoreboard pressure on Tannum, eventually going down 5 tries to 2.

The next game was against Toolooa and again, a few lost possessions from the kick off cost us dearly. The boys defence was strong in the middle of the field, which impressed Coach Anderson. The only tries scored were around the outside and that can be rectified with our 13 man structure, which the team has been developing. The final score against Toolooa was 3 trys to 1. A number of players who have not had much game time experience will be much better for the hit out and the confidence will grow.

We have two more weeks of the 9 a side competition and then hopefully some full 13 a side games to prepare fully for our Confraternity campaign. **Mark Davis**



Yr 9 VISUAL ARTS Can you guess who they are?

Year 9 Visual Art students worked through the processes of realism, simplification and distortion to produce a folio of self-portraits. A personal frame was created to express their interests at this point in time. The artwork has been proudly on display in the foyer of the College office and will soon be taken home for lifelong memories.

Professionally framed, these works would look amazing on walls at home and be a true keepsake.









Notices

TUCKSHOP NEWS

Please note the following changes to the Tuckshop Menu as at **13 May 2015.**

Nachos is now on Wednesdays. Stinger Burgers are now on Thursdays. Hamburgers are no longer available and have been removed from menu.

FURNITURE To give Away

Chanel College has some old furniture to give away. If you are interested please contact,

Judith Cullen, Office Manager on 4973 4714. Email: the.office.manager@chanelcollege.qld.edu.au or contact the College Office on 4973 4700.

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces. HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd **4973 4739** Career Officer: Ms Cale on **4973 4738**

Bus Fare Assistance

- Does your child attend a school outside the Brisbane City Council boundary?
- Does your family spend more than
 \$33/week* on fares to and from school (* \$25/week if you hold a concession card)?
- Does your child travel on a publicly available bus not owned or associated with the school?

STUDENT TRAVEL REBATES Semester 1, 2015

Visit our website to see if you qualify for financial assistance to help with the cost of transport and

apply at www.schooltransport.com.au by 31 May 2015. Late applications cannot be accepted.

upcoming events Week 5

Mon 18 May

- Chanel's Got Talent Heat 1
 Tue 19 May
- Chanel's Got Talent Heat 2

Wed 20 May

- CHANEL DAY
- Chanel's Got Talent FINALE
- P & F Meeting 5.30 pm

Week 6

Mon 25 May

- Stella Maris Feast Day
- Tue 26 May
- Sorry Day
- Wed 27 May
- Year 10 Immunisations Week 7
- Mon 1 June
- Theatreshorts
- Tue 2 June
- Theatreshorts

Wed 3 June

- Theatreshorts
- Chanel Board Meeting 5.30 pm Fri 5 June
- Theatreshorts
- Marcellin Feast Day

Week 8

Mon 8 June

Queens Birthday Public Holiday

Tue 9 June

 Student Representative Council Meeting - First Break

Sat 13 June

Year 7 for 2016 InterviewDay
 Week 9

EXAM WEEK Yrs 7-12

Students with Disabilities

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's travel capability rating as 'semi-independent' or more dependent?

