



Newsletter

Events

Week 3

Thursday 13th Feb
Opening School
Mass 9am

Friday 14th Feb
Pupil Free Day -
Bishop's Inservic

Week 4

Thursday 20th Feb
Free Dress Day -
Gold Coin Donation
to Bushfire Animal
Relief

Friday 21st Feb
TBC - Leadership
Shirts to be given out
on Assembly

There's not a single Australian who hasn't had their heart broken by the recent horrific bushfires that have swept our nation. Yet, remarkably, from the ashes the aussie spirit has shone through stronger than ever as people from all walks of life band together for a common cause. During this time of pain and devastation, kindness is keeping hope alive to help Australia heal from fires that would have brought many other nations to their knees. Too often we underestimate the goodness, bravery and kindness that ordinary people like us can rise to in unexpected circumstances. Helping doesn't have to cost a fortune and many hands do make a difference to those doing it tough.

During our first meeting, the student leadership team made it known that they wish to do something practical to assist. In an effort to kickstart their first idea we will be holding a free dress day Thursday 20th February 2020.

The cost of this day is a gold coin and we encourage all students to participate. Funds raised from this first venture will be donated to an animal hospital assisting our very sick wildlife.

Thank you to Poppy and Wyatt, Jasmine and Dylan, Charlise and Jack for your care and concern and for your real example of Catholic social teaching.



4994 8285



3 Range Rd,
Sarina, 4737



www.sasrok.catholic.edu.au
<https://313sas.rok.catholic.edu.au/parentlounge/>

FROM THE Principal



ADOPT-A-COP | Last week our adopt-a-cop, Constable Jemal was introduced to our senior students and spoke to them about what makes a 'student leader' a 'good student leader.'

Part of his message was around respect and the other around our very own actions. His time with us very informative with many students asking questions. Please ask your child what he/she got out of the session and how this can be applied to our day-to-day interactions. Even though the messages heard were the same, students will have taken away different messages. We hope to continue building a strong relationship with Constable Jemal this year.



I would love some parents to try this and let me know how it goes!

10 QUESTIONS TO ASK KIDS AFTER SCHOOL INSTEAD OF "HOW WAS YOUR DAY?"

- What made you laugh today?
- Can you tell me something you learnt?
- What was the best part of today?
- Who did you sit with at lunch?
- Was anyone in your class away?
- What made your teacher smile?
- What was the worst part of today?
- If you switched places with your teacher, what would you teach the class?
- What made you feel proud today?
- What are you looking forward to tomorrow?

General INFORMATION

NO HAT
NO PLAY



NOTES			
Date	To	Topic	Author
03/02	All Parents	Newsletter T1 W2	Admin
04/02	All Students	ICT Code of Practice	Mr Oches
04/02	Yr 6	Parents Invite to Opening Mass	Mr Presley
05/02	Learning Support	L/S letter to Parents	Mrs Goodman
06/02	All Parents	Coronavirus Update 2	Mr Oches
07/02	Yr 1	Student Info Sheet	Mrs Dunn
07/02	Prep - 3	League Stars Program	Mrs place



BIRTHDAYS			
11/02	Katelyn Borg	12/02	Zoe Palmer
14/02	Paige Ernst		

Tuckshop Helpers

Day	Helpers (please contact office if you can fill a spot)
Thursday 13th Feb	Helpers Needed (Please contact Nina or Office)
Friday 14th Feb (Pupil Free Day)	No Tuckshop

STUDENTS OF THE *Week*



Congratulations to our Students of the Week | Axl Budby Johns, Cally O'Neill, Lucas Borg, Indee Mortimer, Brock Eather, Ahlara Keating, Denver Dobie, Nataya Flohr-Fewquandie, Katie Boucher, Emma Liston, Brady Kerr, Poppy Goodman, Wyatt Dobie, Lucy Johnstone

THE GOOD *news*



Mr Stuart Presley
Assistant Principal (RE)
stuart_presley@rok.catholic.edu.au



All staff, students, parents, families and parishioners are invited to:

2020 Opening School Mass

Thursday 13th February 2020

St Michael's Church, Sarina

9:00am

"Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbour as yourself" - (Luke 10:27)



Being the face of Jesus at St Anne's

- Donate small items such as pencils, pens, school supplies, food, clothing to our giving box
- Donate money to the Mission Box located in the office
- Prepare a cooked meal to be frozen and passed on to individuals and families in our community
- Support our school recycling program by collecting cans, bottles, plastic lids

Every donation goes a long way to improving the lives of people in our school, local and wider community.

Celebration

We celebrate that, because of Christ's Resurrection, we will also resuscitate to eternal life.

Memorial

The celebration of the Mass actualizes the death of Christ through the centuries.



What is the Mass?



Banquet

It reminds us of the Last Supper, the moment where Christ instituted the Eucharist.



Sacrifice

We remember that Christ's supper is united to his redeeming cross.



Be on time!

Arrive at least 10 minutes before it starts to dial down your mind.



Mother Church wants YOU

Help out if you can! (As a lector, usher, altar server, etc.)



Sing...even if you're out of tune

Don't worry if you have no talent for singing; most people don't.



6 ways to get the most out of Mass



Pray Business Class

Sit near the altar. It will help you pay attention.



Give God your full attention

Isn't it fair that we spend one hour each week worshipping God?



Call your Mother

Ask Mary to intercede for you during Mass. Pray to her for guidance and strength.

Sunday's Gospel Reflection

Matthew 5:13-16 - *Salt of the earth, light of the world*

SCRIPTURAL CONTEXT

Following blessings

Today's gospel passage is one that is quite commonly quoted and relatively well known. When it is taken in isolation, it's very easy to forget that these words immediately follow the Beatitudes that we heard in last week's gospel. The imperative for justice in the images of salt and light of the world becomes even clearer when we remember that these words follow the blessings on those who are poor; who mourn; who are merciful and fight for justice. Jesus has blessed all these who are least in the world and then charges the disciples to be salt and light for them.

LIVING AS GOSPEL

Be the change

Gandhi, the great leader of the Indian independence movement, is credited with saying, "You must be the change you want to see in the world." He sought a life free from tyranny and violence and so led a movement of non-violent resistance. It's tempting to think that he may have been influenced by some of the teachings of Jesus because so much of his approach reflected Jesus' call for justice. The charge to be the light of the world that shines in the sight of all and sets an example for all is echoed succinctly in Gandhi's words.



HAVE YOU THOUGHT?

Affirmation or Challenge

The salt and light of the world passage is often used to affirm and encourage, but when Jesus tells his disciples – and us – to be salt and light of the world it is not so that they can draw attention and glory to themselves. The whole purpose of being salt and light is to lead others into right relationship with one another and with God. Whilst the translation we have clearly states that disciples are to be salt and light of the world, it is just as clear that the intention is that they/we be salt and light for the world.

Prayer

Loving God, you come to us in the most ordinary experiences of life.

Inspired by your Spirit may our lives witness to the richness of your love revealed in Jesus.

May our way of living flavour to the lives of those around us and may our loving be a guide for their hearts.

We ask this in the name of Jesus our brother, confident that you will hear us.

Amen.

ACROSS THE Curriculum



We are very excited! This year, we are re-establishing our PMP for our Prep and Year 1 students!

What is PMP?

The **Perceptual Motor Program** (PMP) is a movement-based **program** which helps younger students improve their eye/hand and eye/foot coordination, fitness, balance, locomotion and eye-tracking skills.

What is covered in a PMP? Actually, a great deal!

Gross motor activities: Rolling, crawling, walking, running, jumping and landing, hopping, skipping, galloping, leaping and dodging.

Visual motor activities : eye-hand co-ordination (striking) eye-foot co-ordination activities (kicking) ball activities (throwing and catching) temporal awareness (developing an internal time structure)

Auditory motor activities: responding to auditory cues/commands ability to utilise auditory cues.

Tactile activities: direct touch of difference surfaces, rolling, textures and patterns

Lateralisation activities: Ability to control two sides of the body together or separately.

Directional awareness: is understanding the concepts of left and right, up and down, in and out, top and bottom, and front and back.

Body awareness: is the internal understanding of where the **body** is in space.

Spatial awareness: is the ability of a child to understand where they are in relation to objects or where objects or structures are in relation to each other. It also refers to understanding how an object changes in relation to them when they move.

All of these skills are vital to strengthen developmentally when our children are young, as believe it or not, all of these developmental skills assist us with reading and writing!

A PMP invitation!

We run our PMP on Monday, Tuesday and Thursday afternoons. Year 1 attend at 1.40pm and Prep attend from 2.20pm until 2.55pm on these days.

For this program to work to it's fullest potential, we need a parent on each station with a staff member, and a commitment either weekly or fortnightly. It is suggested to arrive 5 minutes before session to make sure you understand the task at the station you are working on. So if this sounds like something you would like to assist us with, please contact your Prep or Year 1 child's teacher!

Note: these times and days will change when swimming for the junior school begins shortly, so please talk to Lisa Vernon (Prep), Julie Dunn and Elyse Walsh (Year 1 teaching staff) for these specific details!

Sports News

Mrs Place



LEAGUESTARS.COM

PLAY LEAGUE STARS

The League Stars program appeals to the true nature of kids, in all their messy, high energy, love of fun and play. Each week, your child will participate in specially designed games that get them smiling and sweating.

League Stars kids have loads of fun with their friends, old and new, but the program delivers so much more. Each week they'll unlock more of their unique strengths, building physical, cognitive, social and emotional skills that will help them take on challenges big and small, now and in the future.

REGISTER FOR LEAGUE STARS
LEAGUESTARS.COM

WHEN: 12/2/2020 - 18/3/2020
TIME: Wednesdays 7:30am - 8:30am
LENGTH: 6 weeks
AGE: 5-8 Years
COST: \$75

WHERE:
St Anne's Catholic Primary School Oval
3 Range Road
Sarina
4737

YOUR LEAGUE STARS COACH IS:

Mathew Surha
msurha@nrL.com.au
0409 180 038

Photo items may differ from actual items



STUDENT LEADERSHIP | Leadership is a quality that all students at St Anne's Catholic Primary School are encouraged and supported to develop. These experiences ensure that students perceive themselves as leaders and have the opportunity and confidence to take on leadership roles and find their voice.



Newsletter Report	Welcomers	Assembly Leaders	Assembly Report
TBA	TBA	TBA	TBA

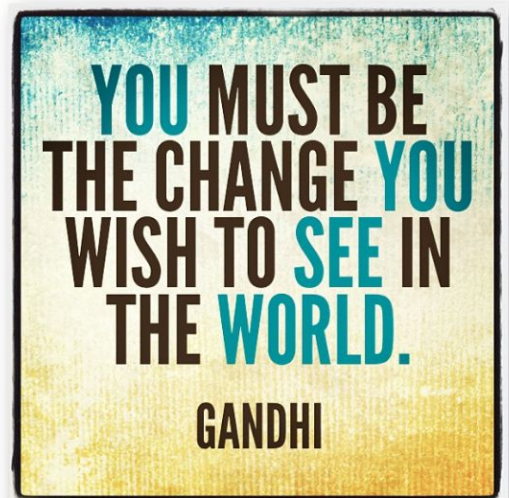
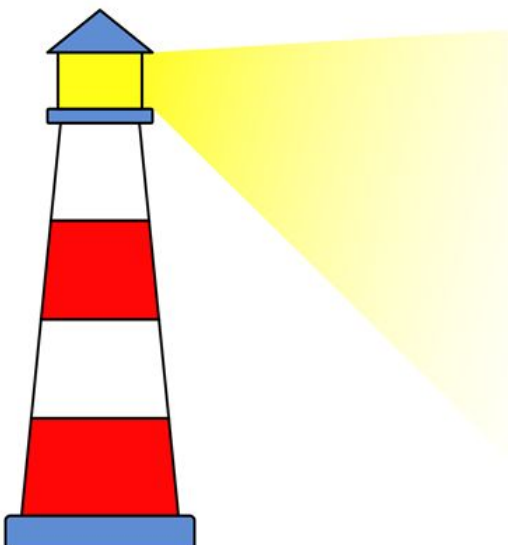
This space is currently under construction - please keep an eye on it as it will impact year 6.

Student Leadership at St Anne's

Believe it or not, this year our student leaders for 2020 have already attended two meetings and have had leadership homework.

Meetings with them have proven fruitful in that they will soon be ready to present their leadership charter to the school community.

The six leaders are very keen to explore the notion of leadership and what that will mean in practical terms for the community of St Anne's.



From the Counsellor



Welcome back. I hope everyone had a safe and joyful holiday.

This year St Anne's will continue to offer the school counselling service for the same number of days, however, my days at St Anne's have changed to every Wednesday and alternating Mondays.

At different times, families and children may benefit from our counselling service. School counsellors use their expertise to provide short term counselling to support students achieve academic success, social and emotional wellbeing and psychological health. Counselling occurs when a student or parent/guardian/carer and counsellor set aside time to explore concerns.

A school counsellor can assist you and/or your child by providing support and strategies to help at school and/or home. This might include support for; parent/child relationships; stress; grief and loss; or significant changes at home. At school, your child may require support with; goal setting; decision-making; learning difficulties; mental health issues; social emotional skills and peer relationships.

At times, short term counselling support is not the ideal option; in this case, the school counsellor will provide you with a more appropriate referral option.

If you would like your child to access this service, you will need to complete a referral form, available from the front office, or alternatively you can request it from your classroom teacher or contact me through email (Donnetta_trannore@rok.catholic.edu.au). If your child has accessed the school counsellor in the past, and you would like to continue with this added support, another referral form will need to be completed.

Feel free to contact me at the school or email if you have any further questions.

Thank you,
Dee Trannore

Finance NEWS

Term One Fees | Term One Fees will be sent out in the next day or two. There are still quite a few outstanding Fees Information Forms to be returned. If you haven't returned your form **you may not receive** your Student Discount (if you have 2 or more students at a Catholic School in the Diocese.).

Concession Cards | If you have an income tested Pension or Concession card you may be eligible for a discount on your school fees. Please bring your current card in to Helen Barnard if you think you may be eligible.



P&F AGM

As we get started for the year we head straight into our first meeting on Monday 17th February. This will be our AGM. All positions will be available.

We are seeking some fresh new faces to our meeting's to bring new ideas

The positions available:

President

Secretary

Treasurer

Grants Co-ordinator

Fundraising Co-ordinator

A P&F meeting is a great place to find out what is happening in the school, gain a better understanding about school policies and activities, make a comment, raise a concern or ask a question, and get to know other parents in our school community.

At St Anne's ,the P&F and the school have a very close and positive relationship. The P&F is one avenue you may like to explore to support the school in making St Annes Catholic Primary School an even better place for you children and our students.

If you have some new ideas or would like to get involved with the P&F please come to our first meeting. We will be serving some light refreshments for all to enjoy!

Our first meeting will be held in the St Annes Office Meeting room from 6.15pm on Monday 17th February. Please like and follow our Facebook page

St Annes Catholic School P&F Association. We always have future meeting dates and loads of information.

General NEWS

ST Anne's Netball Team | Sign on for the netball season will be starting soon, Netball is played on Thursday at either 4pm or 5pm.

Cost is \$200 per player and season runs till September. Net set go \$120 per player and runs for 10 weeks.

Training day TBC. IF you would like more information to play please contact Justeen Mcdonald 0418474560

8 players are needed to enter a ST ANNES team.

Community NEWS

Hosting an exchange student can be a truly rewarding experience for the whole family

Welcome a new family member into your home

HOST FAMILIES NEEDED 2020

- ✓ Experience a foreign culture firsthand
- ✓ Be exposed to a new language at home
- ✓ Rediscover and share the beauty of Australia
- ✓ Develop friendships that last a lifetime

We have a wonderful group of students arriving in May, July and August 2020 for 3, 5 or 10 months and are excitedly waiting to hear news of their host family in Australia.

All students have a wide range of interests and hobbies.

If your family can offer a friendly, supportive and caring home environment, contact us today 1300 135 331 or info@studentexchange.org.au

www.studentexchange.org.au/hosting
experienceiseverything



REGISTER NOW

TO PLAY FOOTBALL WITH



**SARINA SAINTS
FOOTBALL CLUB**



Every player who registers will receive
a Sarina Saints' Dress Polo Shirt !

**Great Fun, Great Friends,
Great Game !**

ENQUIRIES

Contact : Christine Gnanakan

Phone : 0435 043 762

Email : cgnanakan@gmail.com

REGISTER ONLINE

www.playfootball.com.au

REGISTRATION FEES

Seniors : \$350

Juniors : \$280

RUGBY LEAGUE MACKAY & DISTRICT

**FEBRUARY
22ND**

@ THE MACKAY JUNIOR
RUGBY LEAGUE
GROUNDS

CITY VS. COUNTRY

JUNIOR & SENIOR

Adults \$5 Entry

Pensioners \$3 Entry

Students 12 & Over \$3 Entry

Children Under 12 **FREE** Entry

CANTEEN OPEN ALL DAY

HOT FOOD AVAILABLE

BAR OPEN FROM 11AM

BRING YOUR CASH

Game Times

	Field 5 (Main Field)	Field 2
11:45am	U14 Boys	U13 Boys
1:00pm	U15 Boys	U14 Girls
2:15pm	U17 Girls	
3:30pm	U16 Boys	
5:00pm	A Grade Women	
6:30pm	A Grade Men	



Field 1
**Under 10 Girls
Come and Try
Gala Day
11:30am - 12:30pm**