



Sacred Heart Primary School

Tuckshop Menu – Term 1, 2018

MINI MORSELS

Fruit Salad Cup	\$2.00
Fruit Salad Cup with Yoghurt	\$2.50
Watermelon Cup	\$2.00
Cheese and Crackers	\$2.00
Surprise Home Bake Treat	\$1.00

COLD FOOD

Ploughmans Platter	\$5.00
(Kabana, Cheese, Carrot Sticks, Celery Sticks, ½ Boiled Egg, Dip & Biscuits)	
Chicken Salad Wrap	\$5.00
Chicken Salad Wrap (½ Serve)	\$3.50
<i>Chicken, Lettuce, Tomato, Cucumber, Carrot, Cheese and Mayo</i>	
Ham salad Wrap	\$5.00
Ham Salad Wrap (½ Serve)	\$3.50
<i>Ham, Lettuce, Tomato, Cucumber, Carrot, Cheese and Mayo</i>	
Salad Wrap	\$3.50
<i>Lettuce, Tomato, Cucumber, Carrot, Cheese and Mayo</i>	
Gluten Free Wraps extra	\$0.50
Vegemite Sandwich	\$2.00
Cheese Sandwich	\$2.50
Egg & Mayo Sandwich	\$3.00
Gluten Free extra	\$0.50
Corn Cob	\$1.00

COLD DRINKS

Berry, Banana or Mango Smoothie	\$2.50
Milk Carton (300ml)	\$1.50
Milk Carton with Sipahh Straw	\$2.50
Flavours options: Chocolate, Mint Chocolate, Strawberry, Banana, Cookies & Cream	
Popper	\$2.00
Flavour options: Apple, Tropical, Orange	
Bottled Water	\$1.00
<u>FROZEN TREAT</u>	
Bulla Frozen Yoghurt	\$2.50
Flavours: Mango or Strawberry	
Icy Twist	\$1.50
Paddle Pop	\$1.50
Flavours: Chocolate, Rainbow	
Quelch Fruit Ice Block	\$1.00

HOT FOOD

Rotating Wednesday Specials – All \$5.00

Week 1,3,5,7,9 – Special Chicken Fried Rice
Week 2,4,6,8,10 – Nacho's

Friday Specials – All \$5.00

Sacred Heart Burger Bar

Chicken Burger
Chicken Fillet, Lettuce and Mayo

Fish Burger
Fish Fillet, Lettuce and Tartare Sauce

Beef Burger
Beef Pattie, Cheese, Tomato, Beetroot,
Lettuce & BBQ or Tomato Sauce

Bolognese Pasta	\$5.00
Bolognese Pasta ½ size	\$3.00
Mini Garlic Bread	\$2.00
Mini Crispy Wraps (wed only)	\$3.00
Lite Mini Pies x 3	\$4.00
Lite Chicken Nuggets x 6	\$4.00
Home Made Sausage Roll	\$3.00

Toastie Bar - *Gluten Free also available*

Your choice of

- Cheese	\$2.50
- Ham	\$3.00
- Ham & Cheese	\$3.50
- Ham, Cheese, Tomato	\$4.00
- Chicken & Cheese	\$4.00

How to be involved? Please call
Meg Stehbens – Tuckshop
Convenor - to nominate your
preferred times and dates. Many
hands make light work.
M: **0400 971692**

SNACK BAR – LAST BREAK
Enjoy home-baked items,

**When: Wednesday &
Friday – 1st Break**