





Sacred Heart Catholic Primary School

14 Barracuda Cres Yeppoon QLD 4703 Ph: (07) 4933 6288 Fax: (07) 4933 6470 shy@rok.catholic.edu.au www.shyrok.catholic.edu.au

Week 3 Term 1 2018

From The Principal's Desk

Could you imagine trying to get through your day without hands or feet. Not being able to walk, care for your basic needs, hug those you love. Without any medical explanation or warning, Nick Vujicic was born in 1982 in Melbourne, without arms and legs. Yet, his family was destined to cope with both the challenge and blessing of raising a son.

Throughout his childhood, Nick not only dealt with the typical challenges of school and adolescence, but he struggled with depression and loneliness. He questioned if he had a purpose in life.

Nick says that his victory over his struggles, as well as his strength and passion for life, can be credited to his faith in God. His family, friends and the many people he has encountered along the journey have also inspired him.

Nick has travelled around the world, sharing his story with millions. He is an author, musician, actor and his hobbies include fishing, painting and swimming. He is the president of the international non-profit organisation, 'Life Without Limbs' which he started at 17.

Nick says, "If God can use a man without arms and legs to be His hands and feet, then He will certainly use any willing heart." A truly, inspirational man.

Last week, our Year 6s were involved in presenting their speeches for school and house captains for the 2018 school year. As we watched, approximately 50 speeches, I thought about just how mature these young people are, despite only having known them for a short time.

Their speeches displayed passion, honesty, a sensibility, great preparation, a sense of humour and confidence, in speaking not only to one hundred and thirty of their peers but also many parents and immediate family.



Our ultimate aim at Sacred Heart, Yeppoon is in partnership with you, their parents and carers, to nurture children who are well rounded socially, academically, physically, emotionally and very importantly spiritually. Watching our Year 6s over the two days made me proud to think that we are doing this in some way.

At our whole school mass this Friday from 9am, our school and house captains will be inducted and it would be wonderful to see many of our families in attendance.

Our elected captains are:

Term 1 School Captains: Jane Power, Ashbi Berry, Daniel Rees, Jackson Broom Term 2 School Captains: Adah Warren, Tilli Sing, Preston Kimlin, Matthew Campbell

Tabor House: Samuel Hooper, Halle Salisbury

Cana House: Liam Welsh, Lucy Clarke
Galilee House: Clay Dendle, Maggie Simmons
Jordan House: Simon Green, Isabella Yore

Our Year 6 leaders of 2018 may not at this moment be a Nick Vujicic however most have the ideas, the commitment and the will to make their final year of their primary schooling a special one.

All the very best Max Martin Principal

Sacred Heart Leaders for 2018





Semester 1 School Captains

2018 Sports Captains

Important Events For Term One 2018

February

Friday 9th - Opening school mass 9am at Sacred Heart church

Tuesday 13th - Shrove Tuesday. Pancake breakfast at 7.45am at school.

Wednesday 14th - Ash Wednesday. The beginning of the Church season of Lent.

Friday 16th - Bishop's Inservice Day. Pupil free day.

Tuesday 27th - Cross country training commences at school.

Tuesday 27th- AGM and General Meeting: Parents' and Friends' Association 5.30pm in school staff room.

March

Sunday 4th - Clean Up Australia Day

Tuesday 13th - Years 4 to 6 swimming carnival at Cooee Bay pool

Tuesday 20th to Friday 23rd - Diocesan Principals' conference in Rockhampton

Sunday 25th - Palm Sunday

Tuesday 27th - Cross country held at school.

Thursday 29th - Holy Thursday. Final day of Term One. Holy Week assembly.

Friday 30th - Good Friday

April

Sunday 1st - Easter Sunday

Opening School Mass

Tomorrow from 9am, we will be celebrating our Opening School Mass at Sacred Heart Church, where we will ask God's blessing on our school year.

Mass will be followed by:

- School and House Captain Induction in the Church.
- Prep Guard of Honour down Tabor Drive as we return to the MPA.
- Prep group photo in MPA.
- Parent morning tea hosted by the Heart Parents and ice block for every child (donated by our P. and F.)

Please join in our celebrations. A special invitation is extended to new families to join us for morning tea. This is a great opportunity to meet others from our school community and for friends to catch up. Heart Parents are invited to bring a plate to share.

Important Message Concerning Travel To and From Mass This Friday

Dear Sacred Heart parents and carers

This message is to inform you that tomorrow, Friday 9th February, your child will be walking to the Sacred Heart Church in Tabor Drive from the school grounds to attend our school's Opening Year Mass. Classes will be accompanied by their class teachers.

At the conclusion of the Mass, all students in Years 1-6 will form a guard of honour down Tabor Drive whilst our Preps walk down this road to school.

To ensure all our students' safety, traffic will be stopped on both roads on which they will be walking. They will be supervised closely at all times.

You are all most welcome to join us at Mass and afterwards for morning tea in our multi-purpose area. At the conclusion of this, all children will receive an ice block, donated by our P. and F. and return to their classroom areas to eat this before returning to their normal Friday schedule.

We look forward to this special celebration. If you have any queries regarding this Friday, please do not hesitate to contact me at school. Thanking you. Mr Max Martin Principal

Lent Begins

Next week marks the beginning of a significant time in the Church's calendar. Lent, starts on Ash Wednesday and symbolically lasts 40 days, to reenact the time Jesus spent in the desert before commencing his ministry. It is the time of spiritual preparation prior to the Easter season. Catholics are encouraged to see Lent as a time of self-reflection and renewal. During Lent, we are encouraged to enter into a deeper relationship with God through reflecting on their lives, praying, fasting, giving to the poor and by doing something extra that will enhance one's spiritual renewal.

Lent is acknowledged at Sacred Heart through our classroom Religion lessons, raising money for the poor and other practices including Pancake (Shrove) Tuesday, Ash Wednesday, Project Compassion Appeal and Holy Week liturgies.

Pancake Tuesday

The day before Lent is known as Pancake (or Shrove) Tuesday. A day when traditionally pancakes were made to use up all the eggs, milk and lard before the Lenten fast began when people not only cut back on food but also ate very simply. Proceeds from Pancake Tuesday will go to the Project Compassion Appeal. Please support this worthy cause. Breakfast commences at 7.45am in our multi-purpose area. Pancakes are \$1.50 each and poppers are \$1. All invited.

Ash Wednesday

Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes, in a cross, on the forehead. The ashes symbolize the dust from which God made us and is a reminder that we will return to God one day.

Next Wednesday 14th March, students and staff will be involved in Ash Wednesday liturgies or the Parish Mass. Students in Years 4-6 will attend 9am mass at Sacred Heart Church. Children in Prep – Year 3 will participate in year level liturgies throughout the day as follows:

Prep: 10:15am in OSHC eating area (little shed)

Years 1 and 2: 10:30 outside the Yr 1 and 2 Classrooms

Year 3: 12:30 in the OSHC eating area (little shed)

All are welcome to attend any of these services to mark the beginning of Lent.

For a 2 minute explanation of Ash Wednesday visit https://vimeo.com/42358205

Project Compassion Appeal Launch



Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal, Project Compassion brings thousands of Australians together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

Each family at Sacred Heart School will receive a small Project Compassion box to place donations in to support Caritas Australia during Lent. This year the theme is "A Just Future" and celebrated the Year of Youth.

As Pope Francis said, "Cultivate with love the seeds of goodness, beauty and truth that God sows in every new generation." Through your generosity during Project Compassion this year, you are empowering young people to build a just future for themselves, their families and their communities.

A Just Future starts with your support. For more information or to make a donation visit www.caritas.org.au/projectcompassion

Year Level Morning Tea

Today, our Prep to Yr 3 parents enjoyed a morning tea organised by the Heart Parents at the Marina. Thank you to the Heart Parents for organising this event.

All are invited to attend the Years 4 to 6 morning tea next Thursday 15th February at 9:30am at Keppel Bay Marina. There will be a special coffee and cake deal. If you are a Prep to Yr 3 parent, you are also welcome to attend.



Heart Parents Class Representatives 2018

Thank you to our 2018 Heart Parent representatives and to Mrs Renee Carswell who has offered to coordinate the Heart Parent Group. A big thank you to Natalie Salisbury for her commitment and enthusiasm as the coordinator of the Heart Parents for the past two years.

Prep CM: Bernadette Melrose and Sarah Mitchell **Prep S:** Robyn Kleinhans and Shannon Ballard

1R: Brenda Finning

2W: Bridget Daykin and Kylie Pilcher3H: Nicole Dendle and Toni Herron

4M: Bernadette Melrose

5A: Mara O'Reilly and Lisa McDonald

5K: Jo Emery **6J:** Ang Blom

Prep C: Lisa McDonald

1BB: Dani Davev

2MT: Renee Carswell

3N: Jacqui Zettl and Robyn Kleinhans

3S: Jacqui Zettl

4G: Evon Rutledge and Robyn Kleinhans

5G: Tanya Mason

6H: Nat Salisbury and Terri Fallis

6LS: Jo Hooper

P. and F. AGM and General Meeting

The P. and F. will be having their AGM followed by their General Meeting on Tuesday 27th February at 5:30pm in the school's staffroom. If you have any items you wish to add to our meeting agenda please email these to maxwell_martin@rok.catholic.edu.au Only agenda items forwarded before a meeting will be discussed at that meeting. Thank you.

Service Awards



Congratulations to Julie Smout (Teacher Assistant), Annette Williams (Teacher Assistant) and Michelle Ross (Year 1 Teacher) who received recognition for 20 years of service to Catholic Education, at the Cathedral, during the Mass for the Opening of the 2018 School Year. We thank them for their dedication and enthusiasm for Catholic Education and for making a difference in the lives of so many students during their 20 years of service.

The Morning Bulletin Prep Photos

The Morning Bulletin will be taking a photo of each prep class next Wednesday 14th February at 9am. Prep parents will have received an email regarding this photo opportunity. The photos will be published in The Morning Bulletin in the near future. Prep parents will be advised of this publication date as soon as it is known.

Maths Online

Maths Online is an online tutoring program which all students in Years 5 and 6 utilise at Sacred Heart School. Each of the 1,400+ Maths Online tutorials last around 4-9 minutes and present the concepts of the maths lesson step-by-step. The lessons are useful to use at home to reinforce concepts previously taught. We are able to offer this internet based tuition program to children in Years 3 and 4 at a cost of \$20 per student. If you are interested in participating, please send \$20 in an envelope to the office with the following information on the front:

Name of child: Class: Parent email address:

Robotics

We welcome back Mr Denis Murphy who is continuing as our Robotics mentor for 2018. Our Year 5s have participated in their first Robotics Club this week and are already preparing for the 2018 CQU Robotics Competition. Mrs Suthers will be supporting Mr Murphy and our students during Tuesday's lunch club.



Robotics at St Ursula's

On Tuesday, a group of girls from Years 5 and 6 attended a Robogals UQ Robotics Workshop at St Ursula's. Robogals UQ is a group of university students who run engineering and technology workshops to introduce young girls to STEM (Science, Technology, Engineering, Mathematics). The girls thoroughly enjoyed their experience and are eager to share their new found knowledge with their peers.









Sacramental Dates 2018

Our Sacramental Program is parish based and we also support the program through the teaching of the Religion 'Sacraments' strand at Sacred Heart. Sacramental Dates for 2018 are:

Confirmation

To be celebrated the week of 18-24 June (Week 10 Term 2). May be a week day possibly Friday. (Waiting to confirm with our Bishop.)

• Four Parent/Child Preparation sessions to be attended before 6pm mass on the following Saturday nights: Saturday March 3rd, Saturday March 10th, Saturday March 24th, Saturday April 21st

Eucharist

To be celebrated Saturday 23rd or Sunday 24th June

• Four Parent Child Preparation sessions to be attended before 6pm mass on the following Saturday nights: Saturday May 12th, Saturday May 26th, Saturday June 2nd, Saturday June 9th

Reconciliation

To be celebrated in Term 4. Date to be advised.

Preparation will occur before mass on 4 preceding Saturday evening masses

Requirements

- Children need to be baptised to begin the preparation process for these sacraments.
- Attendance at at the sessions is necessary to fulfill the requirements of preparation for each sacrament.

Age of Eligibility

Children in the following year levels are eligible for each sacrament.

- Confirmation and Eucharist: Year 4 and above.
- Reconciliation: Year 3 and above.

Order of Sacraments

Baptism, Reconciliation, Confirmation, Eucharist

Altar Server Roster

Please ensure, if you are rostered on, to arrive 15 minutes prior to the commencement of Mass and inform Father Matthew that you are there to assist. Thank you.

Sacred Heart Church	
Saturday,10th February 6pm	Molly Quinn, Neassa O'Reilly, Elijah Edwards
Sunday, 11th February 9am	Daniel Hutchinson, Michael Hutchinson
Mary Immaculate Church, Emu Park	
Sunday, 11th February 7am	Charlie Kidd

St Brendan's Discovery Day

St Brendan's College invites all 2018 Year 6 boys to come and experience a day in the life of a Year 7 student.

Where: St Brendan's College

When: 2018 Discovery Day will be held on Thursday 15th March 2018 9am to 2.30pm

Transport: Arranged by St Brendan's College. For more information please contact Kylie Hedges on 49 399 485

Email: hedgesk@sbc.qld.edu.au R.S.V.P: 8th March, 2018

Link to 'Flyer for Discovery Day'

Link to 'Permission Form'

Year Four 2017 Fundraising Credit

A credit of \$36.60 has been added to all families from last year who had children attend the Year 4 Camp. This amount was calculated after Term 4 accounts had been sent in 2017 and in the rush of the new year the credit was omitted from Term 1 this year. This has now been rectified and the parents this applies to, can view their new balance in Parent Lounge. Sorry for any inconvenience caused. (Mrs Helen Jeffries, Finance Secretary)

Student Awards

Prep	Dexter McPhee, Saige Nielsen, Isla Kleinhans, Flynn Palairet
Year 1	Kai Nielsen, Alex Winslade, Ruby Neagle, Spencer Toby, Siyarna Puslednik, Havana Elliott
Year 2	Keyleigh Johnson, Layla Carswell, Ava McPhee, Alex Hargreaves, Campbell Grant, Ruby Kona
Year 3	Narlah Calvert, Sonny Eyles, Mac Cameron, Cliodhna O'Reilly, Samuel Stanley-Hunt, Caitlin Yore, Alli O'Rourke, Cooper Sweeney, Jina Jothiraj
Year 4	Sarah Hall, Tyson Rose, Jasper Hamson, Nya Minto, Maggie Shepherd
Year 5	Hannah Hovey, Andrew Gill, Bria Goldman, Tileah Ramke, Oliver Dadson, Deep Bhowmik, Charley Neubecker, Murphy Catt
Year 6	Heidi Veach, Jane Power, Samson Minto, Matthew Campbell, Maggie Simmons, Tyde Simpson, Henry Armstrong

Community Sport

Netball Sign-On

Link to 'Cap Coast Netball'

<u>Football Sign-On</u> - Come and Try Days - 8.30 - 10am Saturdays 17th February and 24th February. <u>Link to 'CapCoast Football Club</u>'

Girls Go Surfing Day

Lessons will be held on Saturday, 3rd March. This is a great initiative to help get girls of all ages active whilst at the same time learning a new skill. It is fantastic value at \$75 with each surfer receiving a Surf Dive 'n Ski Pack valued at \$100 with \$5 of the fee going to the Surf For Life Charity Project. Capricorn Coast Learn 2 Surf will be running the event and bookings can be made at http://girlsgosurfingday.com Bookings close on Monday,19 February. Link to 'Girls Go Surf'